

# PARKINSON'S RELATED HALLUCINATIONS AND DELUSIONS

**If you or the person you care for is living with hallucinations or delusions associated with Parkinson's disease, you're not alone. Over half of the people living with Parkinson's will experience these non-motor symptoms over the course of their disease. Getting help starts with talking to your doctor—and this guide can help.**

**Complete this checklist and bring it with you to your next appointment.**

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**If you are living with Parkinson's, please read the following statements and check all that apply:**

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I have seen, heard, or sensed things (e.g. people, animals, or objects) that others tell me are not actually there (hallucinations).

This happens \_\_\_\_ times per month.

I have beliefs or fears that a loved one (perhaps a spouse, caregiver, or friend) is stealing from me or being unfaithful (delusions).

I sometimes feel out of touch with reality.

I have shared these experiences with my loved ones.

These experiences are having an impact on my family or caregiver.

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**If you are a family member or caregiver of someone living with Parkinson's, please read the following statements and check all that apply:**

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I have observed my loved one interacting with things, seeing things, or sensing things that are not there (hallucinations).

My loved one has had false beliefs toward me or others, such as believing someone is stealing from them or being unfaithful (delusions).

My loved one recognizes that the experiences above are not real.

These experiences have affected our daily lives and/or our relationship.

**Questions for the doctor about these experiences:** \_\_\_\_\_

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